

## Cuba Donations List

### **Medical/Health Supplies**

Antiseptic creams small tubes (like Neosporin)  
Anti-acids and anti-reflux (like Pepto Bismol, Tums, Prevacid, Zantac)  
Acetaminophen tablets (like Tylenol)  
Band-aids  
Ibuprofen (like Advil)  
Omega 3, 6, or 9 vitamins  
Prenatal Vitamins  
Vitamins with Iron  
Adult diapers  
Laxatives for adults  
Benadryl

### **Other Items:**

New hairbrushes and combs  
Small travel sized packages of Kleenex type tissues  
Small tubes of toothpaste  
Shaving Supplies  
Small cosmetic bags  
Travel sized soap, shampoos, lotion, etc.  
New underwear for men, women and children