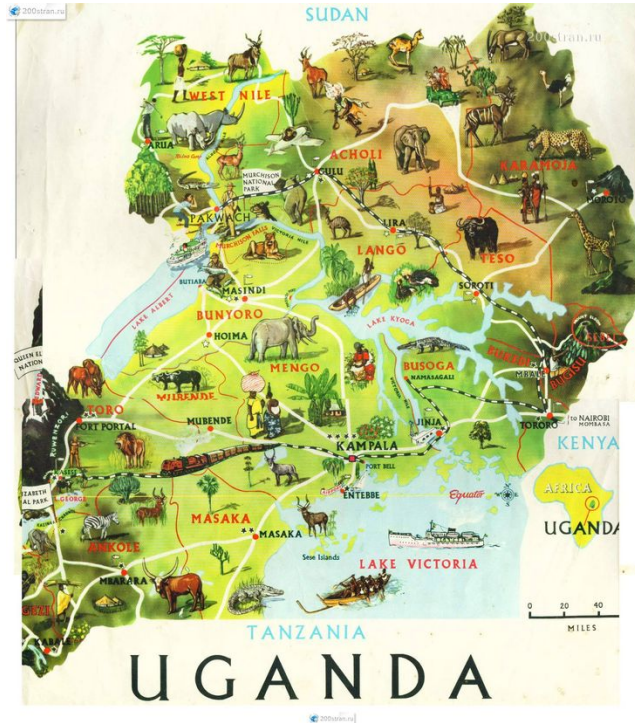


UGANDA OUTREACH 2018

MAY 22 – JUNE 4

COST: \$2500



Registration

- Deadline to register – Sunday, March 4
- \$100 deposit due to reserve your spot; space is limited
- To register online, go to www.centraltolife.com
- To register by check, send to Central UMC, Attn: Greg Gibson, P.O. Box 1106, Fayetteville, AR 72702

History

Since 2007, teams from Central have gone to Uganda each summer, sharing the Good News of Jesus Christ, serving people and investing deeply in the spiritual and physical needs in and around Gulu (in the north) and Jinja (in the south).

Goals

- To demonstrate the Gospel of Jesus Christ through service and medical clinics
- To proclaim the Gospel of Jesus Christ through prayer and personal witness
- To support the further work of the Uganda United Methodist Church (in the north) and CYORF (in the south) as they seek to bring people to faith in Christ and establish churches and a school in their country
- To conduct free medical clinics to benefit areas and people currently without access to adequate medical care

Tentative Schedule

Tues & Wed, May 22 – 23 Depart from XNA; through Atlanta, Amsterdam, to Entebbe, Uganda
Thur-Mon, May 24 – May 28 - Ministry in Gulu
Mon-Fri, May 24 – June 1 - Ministry in Jinja area
Saturday, June 2 - Fun Day (Sight-seeing, float the Nile River, souvenir shopping, etc.)
Sunday, June 3 - Church Services with Pastor Edward
Travel to Entebbe, and then back to US – Depart Entebbe late night
Monday, June 4 – Arrive at XNA

Important Dates & Deadlines

Sunday, March 4 – \$100 Deposit due
Sunday, April 22 – \$2500 Total Payment due
Sunday, May 6 (Tentative) – Team Meeting (Prayer, packing lists given, itinerary confirmed)
Saturday, May 19 – Team Meeting (Packing, Final Preparations)

Important Notes for Consideration

- Passports are needed! An application can be obtained at the Post Office. Cost are approximately \$150 and the process can take 6-8 weeks, so start early!
- Plan now on bringing one medium sized suitcase for personal items and one large suitcase for ministry supplies.

Immunizations:

Immunization information for Uganda (You may find more current information at www.cdc.gov.) Vaccines should be completed 4 to 6 weeks before your trip.

1. Make sure you are up to date on routine vaccinations such as measles-mumps-rubella, diphtheria-tetanus-pertussis, chicken pox, polio and yearly flu shot
2. Hepatitis A
3. Typhoid
4. Hepatitis B (for contact with needles, or blood products, or before any medical procedures)
5. Malaria preventive tablets: atovaquone-proguanil, doxycycline, or mefloquine
6. Yellow Fever
7. Rabies (vaccine optional)

Note: Zika is a risk in Uganda. Zika infection during pregnancy can cause serious birth defects. Therefore, pregnant women should not travel to Uganda. Partners of pregnant women and couples planning pregnancy should know the possible risks to pregnancy and take preventive steps

Contact your primary care doctor prior to travel. Local physician registered with the CDC is Dr. Joe Rouse MD. 479-443-0500