

UGANDA OUTREACH 2019

MAY 29 – JUNE 10

COST: \$2750



Registration

- Deadline to sign up – Sunday, March 3
- \$100 deposit due to reserve your spot; space is limited
- To register online, go to www.centraltolife.com/give; click 'Give Online'.
- To register by check, send to Central UMC, Attn: Greg Gibson, P.O. Box 1106, Fayetteville, AR 72702

History

Since 2007, teams from Central have gone to Uganda each year, sharing the Good News of Jesus Christ, serving people and investing deeply in the spiritual and physical needs in and around Gulu (in the north) and Jinja (in the south).

Goals

- To demonstrate the Gospel of Jesus Christ through service and medical clinics
- To proclaim the Gospel of Jesus Christ through prayer and personal witness
- To support the further work of the Uganda United Methodist Church (in the north) and CYORF (in the south) as they seek to bring people to faith in Christ and establish churches and a school in their country
- To conduct free medical clinics to benefit areas and people currently without access to adequate medical care

TENTATIVE Schedule

Wed & Thurs, May 29-30 - Depart from XNA; through Atlanta, Amsterdam, to Entebbe, Uganda

Friday-Sunday, May 31-June 4 - Ministry in Jinja area (Southern Uganda); Worship in Jinja

Mon-Fri, June 5-9 - Ministry in Gulu area (Northern Uganda)

Saturday, June 8 - Fun Day (Souvenir shopping, site seeing, etc.)

Sunday, June 9 - Worship Services in Gulu

Travel to Entebbe, and then back to US – Depart Entebbe late night

Monday, June 10 – Arrive at XNA

Important Dates & Deadlines

Sunday, March 3 – \$100 Deposit due

Sunday, March 31 (Tentative) – Team Meeting (Prayer, packing lists given, itinerary confirmed)

Sunday, April 21 – \$2750 Total Payment due

Saturday, May 25 – Team Meeting (Packing, Final Preparations)

Sunday, May 26 – Team Commissioning at Central Worship Service (TBD)

Important Notes for Consideration

- Passports are needed! An application can be obtained at the Post Office. Cost is approximately \$150 and the process can take 6-8 weeks, so start early!
- Plan now on bringing one medium-large sized suitcase for personal items and one large suitcase for ministry supplies.

Immunizations:

Immunization information for Uganda (You may find more current information at www.cdc.gov.) Vaccines should be completed 4 to 6 weeks before your trip.

1. Make sure you are up-to-date on routine vaccines before every trip. These vaccines include measles-mumps-rubella (MMR) vaccine, diphtheria-tetanus-pertussis vaccine, varicella (chickenpox) vaccine, polio vaccine, and your yearly flu shot.
2. Hepatitis A
3. Malaria preventive tablets: atovaquone-proguanil, doxycycline, or mefloquine
4. Typhoid
5. Hepatitis B (Recommended by not mandatory; for contact with needles, or blood products, or before any medical procedures)
6. Yellow Fever

Note: Zika is a risk in Uganda. Zika infection during pregnancy can cause serious birth defects. Therefore, pregnant women should not travel to Uganda. Partners of pregnant women and couples planning pregnancy should know the possible risks to pregnancy and take preventive steps

Contact your primary care doctor prior to travel. Local physician registered with the CDC is Dr. Joe Rouse MD. 479-443-0500